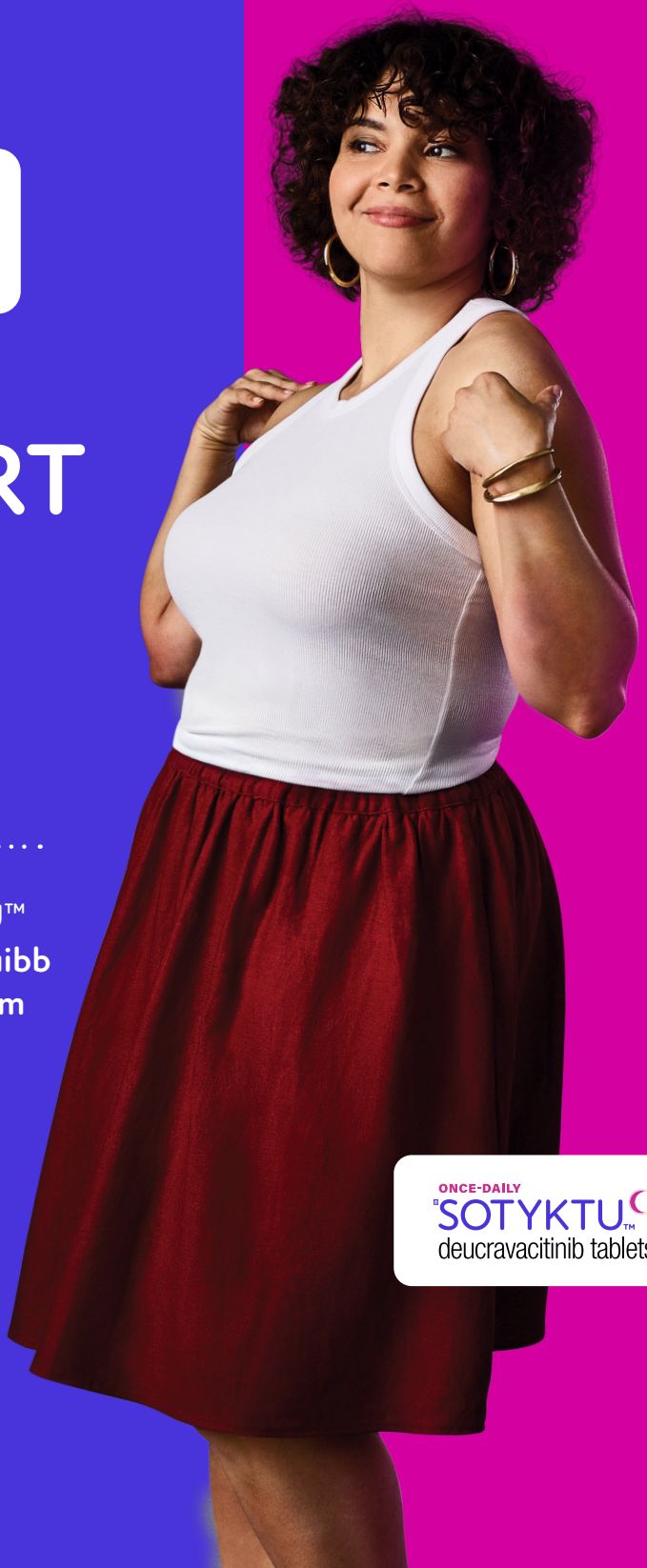


 Bristol Myers Squibb™
Patient Support Program >

SUPPORT
STARTS
HERE.

Get to Know SOTYKTU™
& the Bristol Myers Squibb
Patient Support Program

ONCE-DAILY
SOTYKTU™
deucravacitinib tablets



READY TO GET STARTED?

3 steps to the Bristol Myers Squibb Patient Support Program



Your doctor has prescribed you SOTYKTU for your moderate-to-severe psoriasis and enrolled you into the BMS Patient Support Program. Follow these 3 steps to get started:



Read this brochure
for what to expect



Answer the phone call
from your SOTYKTU Case Manager



Begin treatment as prescribed
once you receive SOTYKTU

How to get Started



STEP 1: READ THIS BROCHURE AND SAVE OUR NUMBER

Write down any questions you might have so you can ask your Case Manager.

Scan this code to add our number to your phone—that way you'll always know when it's your SOTYKTU Case Manager calling. To do it manually, create a new "Patient Support Program for SOTYKTU" contact on your phone with this number: **1-833-764-2157**.

ADD TO CONTACTS



STEP 2: ANSWER THE CALL FROM YOUR CASE MANAGER

Answer the call from your SOTYKTU Case Manager and discuss how the BMS Patient Support Program may help.

Your dedicated SOTYKTU Case Manager will give you a call within 1 business day after you're enrolled to welcome you to the BMS Patient Support Program for SOTYKTU and discuss next steps. Your Case Manager will be available for questions. If you don't receive a call, please contact the BMS Patient Support Program at **1-833-764-2157**.

STEP 3: BEGIN SOTYKTU AS PRESCRIBED ONCE RECEIVED

Your doctor has prescribed you SOTYKTU.

Once you receive the treatment, you're ready to begin.



STEP 1: TO KNOW

- You've been prescribed SOTYKTU.
- Your healthcare provider will let you know if you need to complete any tests before starting SOTYKTU.
- We'll start determining your prescription coverage.

STEP 2: TO KNOW

- Your SOTYKTU Case Manager can help you figure out your pharmacy benefit coverage.
- The program helps to navigate reimbursement of SOTYKTU and provides support with out-of-pocket expenses. Conditions may vary.
- This service is offered by BMS at no charge. It is not necessary to check with your drug plan insurance provider.

STEP 3: TO KNOW

- Keep your scheduled follow-ups appointments.
- Beside taking SOTYKTU, there are lifestyle tips and tools and other steps you can take to help manage your psoriasis—such as avoiding certain triggers.
- Continue reading this brochure to learn more about SOTYKTU and receive some lifestyle tips and tools for managing your symptoms.

Get to Know SOTYKTU

and the Bristol Myers Squibb
Patient Support Program



Everyone who is prescribed SOTYKTU for their psoriasis is eligible for personalized services through the BMS Patient Support Program. With this program, you can receive:

- Reimbursement navigation support
- Co-pay assistance
- Patient education and support
- Home delivery
- Coordination of additional tests that may be required

This brochure was designed to help get you familiar with your new treatment. Here, you will find details about SOTYKTU and plaque psoriasis.

Questions? A dedicated SOTYKTU Case Manager is available to assist you from Monday to Friday, 8 a.m. to 8 p.m. Eastern Standard Time.

Note: While your Case Manager can answer questions about SOTYKTU, they cannot provide medical advice. Your doctor is the best source of information about your health.

What is plaque psoriasis?



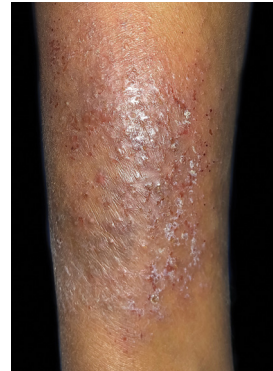
Psoriasis is a chronic inflammatory skin condition that affects an estimated 1 million Canadians. This condition can range in severity, including being moderate to severe.

Psoriasis doesn't just happen on the surface of your skin—it starts inside your body with your immune system. While the exact cause of psoriasis has not yet been determined, researchers believe it involves a combination of genetic, environmental, and immune factors. Psoriasis is not contagious but instead occurs when the immune system is not functioning properly and causes inflammation.

Plaque psoriasis is the most common form of psoriasis. It can cause itchy and painful plaques on your skin and affect different parts of your body such as your scalp. On lighter skin these plaques tend to be pink or red with silvery scales whereas on darker skin, they may be purple, violet, or dark brown with gray scales.

For most people with psoriasis, symptoms come and go over time. However, different factors, including stress and certain weather conditions, can trigger psoriasis symptoms. These triggers differ for different people.

You will find more information about triggers and some lifestyle tips and tools for managing symptoms later on in this brochure.



What is SOTYKTU?



**Your doctor has prescribed you SOTYKTU.
It is a pill taken once a day.**

This medication is used to treat adults with moderate to severe plaque psoriasis. It is used in those who may benefit from taking pills, injection, or treatment with light called phototherapy.

How SOTYKTU works

SOTYKTU works by blocking “TYK2”, a protein involved in inflammation seen with psoriasis. It improves skin clearance and reduces symptoms of psoriasis such as:



Itch



Stinging



Pain



Burning



Skin tightness

Questions? Contact your Case Manager

How to take SOTYKTU



SOTYKTU comes as 6 mg tablets. You will take one tablet once a day. Your doctor will decide for how long you need to take SOTYKTU.



Take SOTYKTU exactly as your healthcare professional tells you to.



Swallow the tablet whole with water. Do not crush, cut, or chew the tablets.



Take SOTYKTU with or without food.

Check with your healthcare professional if you are not sure how to take SOTYKTU.

Missed a dose? Just take the usual dose the next day. Never take a double dose to make up for a missed dose.



Tablet not actual size.

Tips to help remember to take SOTYKTU



It's important to take your medication every day. Here are a few ideas that may help make it easier for you to remember to take your SOTYKTU.



Develop a routine

Add SOTYKTU to a part of your daily routine and take it as prescribed by your healthcare professional.



Try a pill box

A pill box labelled with days of the week can help you keep track.



Give yourself a reminder

Place a note on your bathroom mirror or an alert on your phone.



Record each dose

Use a calendar to check off that you've taken SOTYKTU each day.



Keep it visible

Leave your medicine in a safe place that's easy to spot.



Bring extra when traveling

If you'll be traveling, keep SOTYKTU in your carry on and bring extra medication with you in case your trip is unexpectedly extended.

Questions? Contact your Case Manager

Possible side effects



Everybody is different and will react to medication differently. However, here are some side effects that may occur when taking SOTYKTU.

If you have a troublesome symptom or side effect that is not listed here or becomes bad enough to interfere with your daily activities, tell your healthcare professional.

- **Acne-like rash: red bumps filled with pus, tender, painful or itchy skin, crusts on skin on the face and trunk.**
- **Folliculitis (inflamed hair pores): small bumps or pimples, blisters, itchy, burning, or painful skin.**
- **Oral ulcers: painful sores on inside of lips, gums, tongue, or roof of the mouth.**
- **Viral infection of the mouth (cold sores): painful, fluid-filled blisters on lips or nose.**

These are not all the possible side effects you may have. If you experience any side effects not listed here, tell your healthcare professional.

Certain kinds of cancer have been reported in people taking SOTYKTU. It is not known if SOTYKTU increases your chance of getting cancer.

SOTYKTU may also cause abnormal blood test results. Your doctor may perform blood tests and will interpret the results.

Psoriasis triggers and lifestyle tips



People with psoriasis tend to experience symptoms that can sometimes get worse.

Certain triggers may increase the risk of this occurring. By avoiding triggers, you may help prevent symptoms from getting worse. Triggers vary between individuals, but here are a few common ones:

- **Stress**
- **Smoking**
- **Certain medications**
- **Alcohol**
- **Skin injury (e.g., cuts, scrapes, and sunburn)**
- **Certain weather conditions**

Lifestyle tips and tools for managing symptoms

Based on your personal triggers, the strategies listed below may help reduce your psoriasis symptoms.

- **Use a moisturizer that works for you**
- **Avoid extreme weather conditions**
- **Bathe in warm water rather than hot water**
- **Monitor your stress levels**
- **Exercise**
- **Quit smoking**

Questions? Contact your Case Manager

Notes

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