

Sjögren's Disease

What is Sjögren's disease?

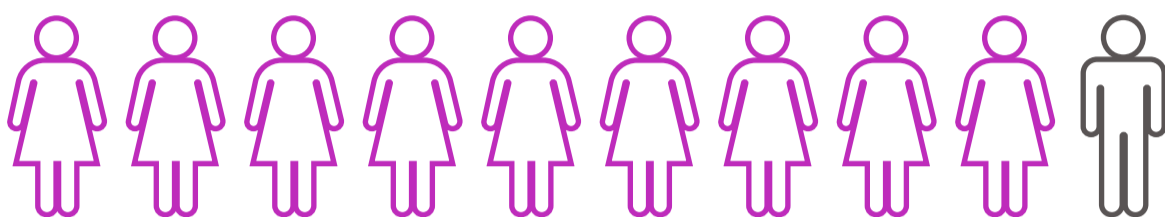
Sjögren's disease is a chronic, systemic, immune-mediated disease that causes extensive dryness, fatigue and joint pain.¹⁻⁵

Due to the complex and multi-system nature of Sjögren's disease, some people experience mild discomfort, while others suffer debilitating symptoms that can greatly impair their functioning and quality of life.^{2,4}

While the cause of Sjögren's disease is unknown, genetic and environmental factors may be involved.¹

While the disease can occur in all age groups, **the average age of diagnosis is 40 years.**⁶

9 out of 10 patients are women⁶



Symptoms

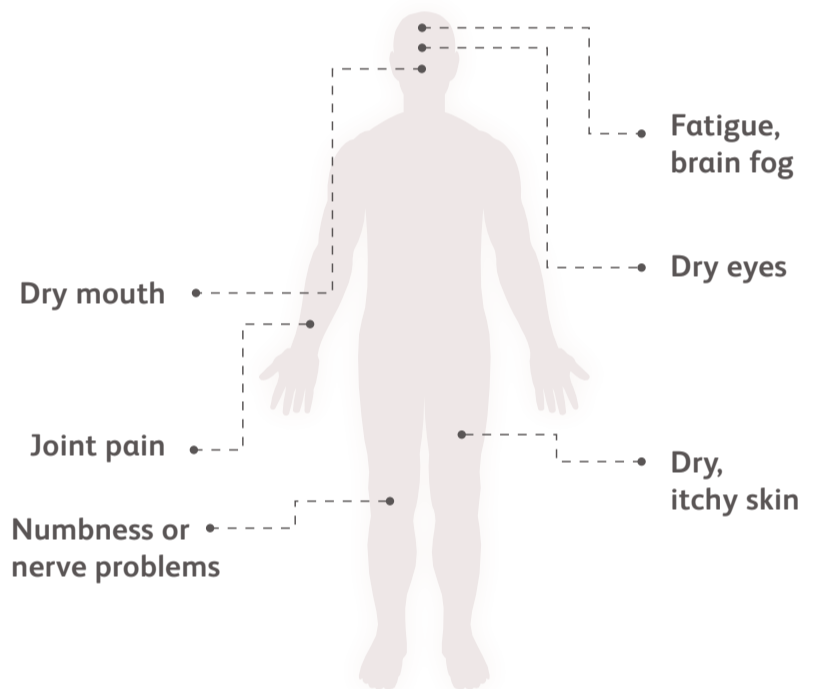
The most common symptoms are dry eyes and a dry mouth.³

People living with Sjögren's disease may be at risk for eye and mouth infections, corneal damage, blurry vision, light sensitivity, breaking or loss of teeth, dental cavities and gingivitis.³

Other organs and tissues may also be affected resulting in renal, hematologic, pulmonary and neurological symptoms that lead to the significant morbidity associated with Sjögren's disease.³

Serious complications may include organ dysfunction, neuropathy and lymphoma.⁴

~50% of people with the condition also have another immune-mediated disease, such as rheumatoid arthritis or lupus.²



Disease burden

Living with Sjögren's disease can have a significant impact on daily life, with patients reporting^{5,6}:



Problems with eating



Significant emotional burden



An impact on relationships

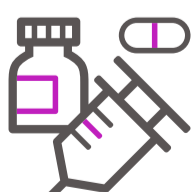


Having to take days off work, change career or stop working



Inability to participate in social and extracurricular activities

Treatment



There are no approved systemic or advanced therapies for Sjögren's disease. Currently, there are medications for symptoms management.^{1,6}

Bristol Myers Squibb is committed to identifying and pursuing new treatment options to help deliver transformational medicines for people living with Sjögren's disease and other immune-mediated diseases.

1. Sjögren's syndrome. National Institute of Arthritis and Musculoskeletal and Skin Diseases. <https://www.ninds.nih.gov/health-information/disorders/sjogrens-syndrome#toc-what-is-sj-gren-s-syndrome>. Published April 7, 2021. Accessed March 22, 2023.
 2. Sjögren's syndrome. American College of Rheumatology. <https://www.rheumatology.org/I-Am-A/Patient-Caregiver/Diseases-Conditions/Sjogrens-Syndrome>. Published December 2021. Accessed March 27, 2023.
 3. Sjögren's syndrome. Mayo Clinic. <https://www.mayoclinic.org/diseases-conditions/sjogrens-syndrome/symptoms-causes/syc-20353216>. Published August 2, 2022. Accessed March 22, 2023.
 4. What is Sjögren's? Infographic. The Sjögren's Foundation. https://sjogrens.org/sites/default/files/inline-files/LivingwithSjogrens-8.5x11-2022-Mar31_7pm_0.pdf. Accessed March 22, 2023.
 5. Sjögren's syndrome. Cleveland Clinic. <https://my.clevelandclinic.org/health/diseases/4929-sjogrens-syndrome>. Published July 21, 2020. Accessed March 27, 2023.
 6. Living with Sjögren's. The Sjögren's Foundation. https://sjogrens.org/sites/default/files/inline-files/Final_WhatIsSjogrens-Brochure-DoubleGate-15.438x9-OCT2021.pdf. Accessed March 22, 2023.